

Pan-Orthodox Lenten Lecture:

The *Philokalia* and Prayer of the Heart



Special Guest:

Very Rev. Archimandrite Fr. Maximos Conostas

When: March 15

Where: St. Nicholas Orthodox Church, 2210 SW Dolph Ct, Portland

Cost: Free! Donations gratefully accepted

Registration Link: <https://forms.office.com/r/rY9YatxWAq>

9:15 a.m. Pan-Orthodox Service: 3rd & 6th hours + Typica

10-11:30 Session I St. Gregory Palamas and the *Philokalia* | Q&A

Lunch served 12-1:30

1:30-3:00 Session II The Prayer of the Heart | Q&A

Break 3:00-3:30

3:30-5:00 Concluding Session III Learning to Focus | Q&A

5:00-6:00 Pan-Orthodox Vespers



V. Rev. Maximos Conostas is Distinguished Professor of the Humanities at the University of Austin, Texas. He was formerly Professor of Theology at Harvard University, and Professor of Patristics and Orthodox Spirituality at Holy Cross. He is the author of numerous books, articles, and translations. His work encompasses the theology of the Church Fathers; the patristic interpretation of Scripture; the *Philokalia* and Orthodox spirituality; modern Greek Orthodox Elders; and the theological study of Byzantine art, icons, and iconography.

Registration Code:

